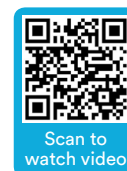


Play Therapist.

When a child faces some emotional distress or trauma, a Play Therapist works with them using play, games, and toys as a communication tool to understand their world. Some of the life issues and experiences that usually are faced by children include abuse and neglect; divorce and family separation; learning difficulties; psychological problems; and traumatic experience and violence.



Character: ISA



Investigative (Thinker) – occupations frequently involve working with ideas, and require an extensive amount of thinking. These occupations can involve searching for facts and figuring out problems mentally.



Social (Helper) – occupations frequently involve working with, communicating with, and teaching people. These occupations often involve helping or providing service to others.



Artistic (Creator) - occupations frequently involve working with forms, designs and patterns. They often require self-expression and the work can be done without following a clear set of rules.

Expertise

- **Active Listening** – giving full attention to what other people are saying, taking time to understand the points being made, asking questions as appropriate, and not interrupting at inappropriate times.
- **Social Perceptiveness** – being aware of others' reactions and understanding why they react as they do.
- **Complex Problem Solving** – identifying complex problems and reviewing related information to develop and evaluate options and implement solutions.
- **Critical Thinking** – using logic and reasoning to identify the strengths and weaknesses of alternative solutions, conclusions or approaches to problems.

Day-to-Day Tasks

- Determine a course of treatment for each child
- Provide therapeutic interventions in individual and group therapy sessions
- Make use of creative arts, like drawing, clay, sand, movement, music and therapeutic story telling
- Communicate with children and making a connection between the signs, symbols and actions the child creates through play
- Promote positive change in the child by helping them to help themselves

Work Setting

- Constant engagement in a face-to-face discussion.
- Requires working indoors in environmentally controlled conditions.
- A lot of freedom in determining tasks, priorities, and goals

Knowledge

- **Psychology** – knowledge of human behavior and performance; individual differences in ability, personality, and interests; learning and motivation; psychological research methods; and the assessment and treatment of behavioral and affective disorders.
- **Therapy and Counseling** – knowledge of principles, methods, and procedures for diagnosis, treatment, and rehabilitation of physical and mental dysfunctions, and for career counseling and guidance.
- **Customer and Personal Service** – knowledge of principles and processes for providing customer and personal services. This includes customer needs assessment, meeting quality standards for services, and evaluation of customer satisfaction.

Education

To be a play therapist, you have to get either an active license in a mental health field such as counseling, psychology, or social work, followed by getting a certification to be a certified practitioner; or getting a Postgraduate Diploma in Therapeutic Play Skills, which will let you qualify to get the Master Degree.

- Masters (MA) in Practice Based Play Therapy Academy of Play and Child Psychotherapy (APAC)
- Masters (MA) in Practice Based Play Therapy (Certified by APAC) Cipta Aliansi Edukasi (CAE), Indonesia
- Masters (MA) in Practice Based Play Therapy (Certified by APAC), Leeds Beckett University, UK

Certification

- Certified Practitioner in Therapeutic Play Skills by Play Therapy UK